

**Personal Social Health Education and Citizenship
(including Relationships and Sex Education) Curriculum Statement**

In 2020-21 pupils at Pitcheroak School will be taught PSHE&C and RSE through the following topics:

EYFS/KS1

Personal Social and Emotional Development		
Making Relationships	Managing Feelings and Behaviour	Self Confidence and Self Awareness

KS2

Health & Wellbeing	Living in the Wider World	Living in the Wider World	Relationships	Relationships	Relationships
Ourselves growing and changing	Communities	Shared responsibilities	Close positive relationships and friendships	Managing hurtful behaviour and bullying	Respecting self and others

KS3 and 14-19 Curriculum

Relationships		
Families and Friendships	Safe Relationships	Respecting Ourselves and Others
Living in the Wider World		
Belonging to a Community	Media, Literacy and Digital Resilience	Money and Work
Health and Wellbeing		
Physical Health and Mental Wellbeing	Growing and Changing	Keeping Safe

PSHE/C and RSE are statutory subjects and provide students with the knowledge, skills and understanding they need to lead confident, healthy, and as far as possible independent lives and become informed, active, responsible citizens. Lessons will also teach lifelong learning about physical, sexual, moral and emotional development. With an emphasis about the importance of stable and loving relationships, respect, love and care for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

At Pitcheroak School we aim to:

- provide a broad, balanced and enriching PSHE/C and RSE curriculum that is appropriate to the pupils' age, level of understanding and needs and provides opportunities for all pupils to learn and achieve.
- encourage all pupils to play a positive role in contributing to the life of the school and to promote pupils' spiritual, moral, social and cultural development and prepare them for opportunities, responsibilities and experiences of life.

Objectives

- To promote an active, healthy and safe lifestyle.

- To develop good relationships and respect the differences between people.
- To develop self-confidence and self-esteem and make informed choices regarding personal and social issues and personal relationships.
- To prepare to play an active role as a citizen.
- To consider social and moral dilemmas.
- To prepare for change.
- To develop language and communication skills.
- To develop good relationships with other members of the school and wider community.
- To develop positive values and a moral framework that will guide their decisions, judgements and behaviour.
- To understand the consequences of their actions and behave responsibly within sexual and pastoral relationships.
- To understand their sexual feelings and behaviour so that they can lead fulfilling and enjoyable lives.
- To develop skills to reduce the risk of exploitation, misunderstanding and abuse.
- To gain access to information and services.

How is learning organised?

PSHE/C and RSE is delivered within a whole school approach which includes:

- Dedicated and discrete curriculum time, designed to promote respect and the views of others, understanding of feelings and self-esteem.
- Teaching PSHE/C and RSE through and in other subjects/curriculum areas
- Through PSHE/C and RSE activities and school events
- Through pastoral care and guidance.
- Long term planning across the school.

How well are we achieving our aims?

- Pupils in Reception are assessed using Early Years profiles, which helps to track progress and highlight areas for development.
- Pupils in KS1, KS2 and KS3 are assessed using SOLAR assessment tool, this is used to monitor progress and highlight areas of development.
- Pupils in 14-19 are using Life and Living Skills to track and monitor progress.
- Pupils identified with complex needs all have learning journals that track progress over the year in PSHE, using photographic evidence, SOLAR and teacher observations.
- We offer pastoral support to our pupils and their families and provide opportunities for parents/carers to participate in parent engagement sessions, stay and play sessions and drop-in sessions, alongside celebration assemblies and social events.
- Any sexualised behaviour is monitored by staff and recorded using Sleuth. This data is analysed and where necessary referrals are made to other professionals who may be able to offer further support to that individual.
- We work closely with NHS Health Promotion Specialists who willingly visit school to offer further guidance and support.