

Physical Education Curriculum Statement

Subject content 2022-23:

EY's: Hand-eye co-ordination skills; Gross motor and loco motor skills; Moving and Handling; Dance: Movement and Patterns; Physical play; Gym: Balance, agility & co-ordination – movement.

KS2: Outdoor Adventurous Activity; Dance; Gymnastics; Team Games; Healthy Hobbies; Athletics/Beach Games.

Swimming lessons - weekly

KS3: Basketball; Health Related Fitness; Gym and Dance; Cricket; Tennis; Athletics

14-19: Invasion: Hockey - Year 2 (Resilience); Dance: Space (Motivating and influencing others); OAA: Problem Solving (Personal Best); Striking and Fielding: Cricket - Year 2 (Empathy); Striking and Fielding: Rounders - Year 2 (Collaboration); Athletics (Personal best).

Theory: Year 10 – PE Lifeskills Award; Year 11 – ASDAN Sports and Fitness (Short Course); Year 12 – OCR Entry Level PE – Year 1; Year 13 – OCR Entry Level PE – Year 2; Year 14 – Sports Leaders: Young Leader Award.

Intent

Within Physical Education our intent is to provide a stimulating, challenging and enjoyable learning environment for all students. We aim to empower students with the knowledge, values, skills and personal qualities to be confident and keen to take part in sport and physical activities. Physical Education will allow pupils to develop leadership and coaching roles in a wide range of sports whilst ensuring community links are created as an integral part of school sport and physical activity. We will provide opportunities and inspire all pupils to succeed and excel in competitive sport and other physically-demanding activities. Students will be encouraged to lead healthy and active lifestyles whilst being provided with a residential and enrichment curriculum conducive to high quality outdoor learning experiences.

Implementation

Physical Education and Development lessons are delivered throughout the school from EYFS up to Key Stage 5 pupils. Each class will have at least 2 x 30 minute lessons per week in addition to a daily 15 minute timetabled fitness lesson and a 30 minute outdoor fitness area session with some classes having access to the outdoor trampoline. A 5 year long term plan for PE has been devised which enables each Key Stage use and develop a variety of tactics and strategies to overcome opponents in team and individual games, develop their technique and improve their performance in other competitive sports, [for example, athletics and gymnastics], or other physical activities [for example, dance] and take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group. Early years students follow the EYFS and partake in various Physical Development modules. Additionally, pupils in the 14-19 department have the opportunity to complete a wide range of accredited theory courses.

Impact

The PE curriculum is having a positive impact on students as feedback suggests it's a popular subject which is demonstrated through sporting performances and attitudes towards learning. All teachers, including non-specialist staff, have high expectations of all students and are able to provide enriching and challenging learning opportunities as they know the starting points of each student and the progression required to reach the end goal. Monitoring shows that students are active in their learning and this is also evidenced by a widespread extra-curricular programme and attendance at local events such as School Games. Additionally, assessment and subject reviews show students are making excellent levels of progress relative to their individual needs. The PE curriculum and the impact it is having on pupils has been recognised externally by achieving the Association for Physical Education award (Distinction) and the School Games Mark (gold). The long term plan offers a differentiated, progressive and challenging set of outcomes for students across all concepts of Physical Education, School Sport and Physical Activity.